

## Cardiovascular Disease Questionnaire

**Disease: Please select from the below, the specific condition that applies to the insured**

- Hypertension                       Valvular Diseases & Cardiomyopathy       Coronary & Vascular Diseases  
 Other \_\_\_\_\_                       Arrhythmias & Conduction

**General Information**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
Height: \_\_\_\_\_ Cm                      Weight: \_\_\_\_\_ Kg                      BMI: \_\_\_\_\_

Name, address and telephone number of present attending physician: \_\_\_\_\_

Frequency of visits to physician:                       Occasionally     Frequently  
Date of last visit: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Do you smoke?  Yes  No                      If Yes, how many cigarettes per day? \_\_\_\_\_  
For how many years? \_\_\_\_\_  
Did you ever smoke?  Yes  No                      If Yes, when did you stop? \_\_\_\_\_

**Condition Profile**

At what age were you told you had Heart Disease? \_\_\_\_\_

Frequency of Blood Pressure Assessment:                      Date & Result of last Blood Pressure Assessment:  
 Daily     Weekly     Other .....                      Systolic: .....    Diastolic: .....    Visit date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Have you ever had high Cholesterol level? What is your current Cholesterol level?  <=200mg/dl     200 mg/dl or more  
Have you ever had diabetes? What is your current Glucose level?  <=110mg/dl     110 mg/dl or more     HbA1c

**Treatment**

- Diet:
- Medication (Name and dosage):
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_

Did you have a Heart Procedure, surgery or otherwise?  Yes  No  
If yes, when and Describe the Procedure: \_\_\_\_\_

Have you ever been hospitalized for this disease?  Yes  No  
Has treatment changed during the last five years?  Yes  No  
If yes, describe the change: \_\_\_\_\_

Please check the illnesses below that you have ever had:  
 Stroke ..... Year                       Edema ..... Year                      ] Ulcer Disease ..... Year  
 Heart Rhythm Problem ..... Year                       Eye trouble ..... Year                      ] Other ..... Year  
 Liver Problem ..... Year                       Kidney Disease ..... Year

Do other members of your family have disease? Yes  No   
If yes, who and what is the type? .....

Attending Physician: .....                      Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

I hereby declare that the above mentioned information is complete, real and adequate, waiving, fully and irrevocably, the medical confidentiality on all the past and current medical files, documents and prescriptions related to any of us and those that will develop during the policy contract, in favor of the Medical committees and doctors, requesting from them, and other insurance companies or any other guarantor which we had contracted with for medical and/or life insurance, to provide the insurance company and/or GlobeMed Lebanon with all the information and documents available at their side on our medical condition and of copies thereto, permitting GlobeMed Lebanon, within its capabilities, to inform our treating physician with the information available at its side on our medical condition, in addition to the rejection or approval of coverage decisions at all healthcare providers, with all possible means, either through e-mail, or SMS or any other available mean.

Insured's Signature: .....                      Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_